

PN program launched into Elementary Schools

At the SSNL annual general meeting held in June 2008, the Participation Nation Advisory Committee agreed that the program be launched officially to the elementary grades of 4-6. It is the rationale of the committee that in order to achieve higher participating numbers in junior high we need to keep the students engaged. The transition year from elementary school to junior high is a challenging time. For many students this means a new school environment, the onset of adolescents coupled with "trying to fit in". P.E. teachers have noted that if students are not active in extra curricular sport activities in elementary then they are less likely to join in Grade 7. The Participation Nation program begins in Grades 4-6 with Certificate and Achievement Labels. In Junior High, students graduate onto the flag pennant and collector pins. We anticipate that the positive experience achieved by the students through PN in elementary will motivate the pre teen and teen to stay involved.



All students enrolled in the Participation Nation program will receive a certificate to place their earned activity stickers. Students have a chance to earn up to 16 activity stickers. There is no cost for Certificates or stickers.

Web Site Information

- ★ Downloadable forms for rewards
- ★ Sport Pin images and Explanations.
- ★ Upcoming and Current Events.
- ★ School Information
- ★ Regional Breakdown
- ★ Contests
- ★ Links
- ★ Contact Info
- ★ High School Sports Information

Staff Message

by Trisha Keough-Boyer

It has been a very busy fall for the office of Participation Nation. We were promoting the program at the PESIC conference in St. John's, the Nova Central School District Professional Development days in Gander, the Junior High Healthy Summit in Grand Falls Windsor, the Western School District Professional development days in Corner Brook. In the first week of December, I will be attending the Labrador School District professional development days in Happy Valley -Goose Bay.

As well, in October I had the opportunity to visit approximately 15 school within central NL. A thank you to all for being so generous with your time. The travel ban did affect Participation Nation jamboree's that were scheduled. As well some schools started there In House After School sports a little later due to H1N1. On the following page I have included all the schools that have participated thus far. If your school is not listed please consider delivering our program to your school in the new year.

I wish you all a Safe and Merry Christmas. Enjoy your time with family and friends and recharge those batteries.



How Does My School Participate?

Schools can participate on several different levels.

In-House — an event organized within your own school.

Friendlys — an event where any 2 schools come together for a number of friendly matches.

Festival of Sport Extravaganza — an event where 3 or more schools in the same region come together to play a number of friendly matches.

Jamboree Style — an event where any number of participating schools are playing 2 or more sports or activities at the same event.

Sept-Dec 2009 Participating Schools by Region

(participating in 1 event or more)

Labrador

Amos Comenius Memorial School, Queen of Peace Middle School, Eric G. Lambert All Grade, Our Lady of Labrador.

Western

Viking Trail Academy, Roncalli Central High, St. Anthony Elementary, St. James All Grade, Templeton Academy, Jakeman All Grade, Holy Cross All Grade School, Long Range Academy, Hampden Academy, Our Lady of Mercy Elementary, St. Michael's Elementary, E.A. Butler All Grade, Stephenville Middle School, Stephenville Elementary. St. Thomas Aquinas, Our Lady of the Cape, Lourdes Elementary, St. James Regional High

Central

Baie Verte Academy, Cape St. John, Hillside Elementary, MSB Regional, Valmont Academy, Dorset Collegiate, Indian River High School, Exploits Valley Intermediate, Memorial Academy Botwood, Gill Memorial Academy, Riverwood Academy, New World Island, Fogo Island Central Academy, Glovertown Academy, Smallwood Academy, Centreville Academy, William Mercer Academy, Memorial Academy Wesleyville, Lester Pearson Memorial High, Hillview Academy, Lewisporte Academy, Gander Academy, St. Paul's Intermediate School, St. Joseph's Elementary, Fitzgerald Academy. Bay D'Espoir Academy.

Eastern

Matthew Elementary School, Tricentia Academy, Heritage Collegiate, Random Island Academy, Harbour Grace Primary, Woodland Elementary, Christ the King, Fortune Bay Academy, Sacred Heart Academy, Donald C. Jamieson, St. Lawrence Academy. Lake Academy, St. Joseph's Academy, Holy Name of Mary Academy, Dunne Memorial Academy, Mobile Central High, Leary's Brook Junior High, MacDonald Drive Elementary, Mary Queen of Peace Elementary, I.J. Samson, MacPherson Elementary, Bishop Abraham, Frank Roberts Junior High, Mount Pearl Intermediate, St. Peter's Elementary, Newtown Elementary, Holy Family Elementary, Cape St. Francis Elementary

Who Can Participate?

The Participation Nation program is a strictly non-competitive program that is designed to provide a fun and active environment for students. There is no emphasis placed on winning in this program and all formats must be of a round-robin nature or without any team or individual advancement.

We also encourage you to hold mixed events. At the mixed events if you have several schools participating you can place students from each school on different teams to further blur the lines of competition. You will also find from our list of sports that there are many activities that you can play that are conducive for different sport abilities and genders.



What are the Benefits of being a Member?

- ★ PN Banner, Calendar, and Poster for your gymnasium.
- ★ Participation Nation shirt for your PE teacher and other representatives.
- ★ Certificate/Pennants for all students participating so that they may proudly display their stickers/pins.
- ★ Choose from over 16 sticker activities and 30 pin activities for your students to collect.
- ★ For every event you host we will also send various prizes for random draws at your event. This includes Participation Nation t-shirts, sports memorabilia, apparel, and equipment. You may also win equipment for your school that can be used for your own students when you return. or host your students will have the opportunity to win



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