



## Camping for Beginners

The thought of taking off into the wilderness for the first time can be a bit stressful for some. Use this guide for tips and tricks to make your first camping trip a success!

### Rental Equipment

- Testing out camping for the first time? Rent a tent or a camper
- It saves you money by letting you see if you like it before the big purchase
- Check out The Outfitters' Adventure Gear & Apparel for tents and even sleeping bags
- Newfoundland RV Rentals has some sweet campers to test out if tenting isn't quite your style

### Camping Gear

- If your budget will allow it, choose a tent one size up from how many people are going. For example, a 3-person tent gives a cozy couple a little extra breathing room, and a family of 4 can easily move around in a 6-person tent
- Practice setting up your tent at home first. Make sure to take a picture of the instructions in case they get lost
- Make sure your sleeping bag suits the temperature for the time of the year you are going camping
- Set up your tent, air mattress and sleeping bags as soon as you get there, so you don't have to do it in the dark
- Bring plenty of lighting and extra batteries!
- Put ice in a cooler before you leave so your perishable food and drinks will stay cold
- Pack all your kitchen gear in a large clear plastic bin with a lid. It's easier to store away at home and everything will be ready for the next adventure
- Be sure to bring chairs for everyone. Mesh camp chairs let water drain easily and they dry quickly if let out in the rain

### Clothing

- Be sure to check the weather ahead of time and pack for those temperatures and conditions
- Take along some clothes for warmer and colder temperatures predicted
- Cotton is usually a no-go because wet cotton can make you cold
- Pack some sensible shoes for the terrain, as well as a pair of slip-ons

### Toiletries

- Don't forget any prescription medications!
- A first-aid kit is a must, especially for first-time campers
- Always plan for sun and bugs with sunscreen and bug repellent

- Campground bathrooms aren't always fully stocked, so bring your own toilet paper, soap, and towels
- If you are planning on showering, don't forget shampoo and bodywash

## **Meals**

- It is always a good idea to prep your meals ahead of time
- Bring things that just need to be heated up over the fire or eaten straight out of the box
- If you enjoy tea or coffee, make sure you bring a kettle you can boil over the fire and instant coffee
- Don't leave food or garbage lying around unattended due to critters that like to hang around

## **Campgrounds**

- For your first camping experience, be sure to book a developed campground with flush toilets and running water
- Avoid campsites with no facilities